



SVO

Student Volunteer Outreach

November 2009

VOLUNTEER OPPORTUNITY BULLETIN

911 William Pitt Union

412 624-1065

svo@pitt.edu

www.svo.pitt.edu

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How to Volunteer

1. Choose a service project from the bulletin.
2. Contact the agency and register by calling or e-mailing the agencies' contact person.
3. Attend your service project. Remember the Agency is counting on you.
4. Once you have completed your volunteer project, login to OCC and make a record of your service.

How to Register with Outside the Classroom Curriculum

1. www.pitt.edu
2. Click on **my.pitt.edu** (bottom right corner)
3. Enter portal login
4. Click tab **OCC Curriculum**



Once you have completed your volunteer project, login to OCC and make a record of your service.



November Spotlight Projects

Helping the **Greater Pittsburgh Community Food Bank** is just a click away. Participate in the Chunky Soup "Click for Cans" challenge by voting for the Pittsburgh Steelers and help the Greater Pittsburgh Food Bank win up to 18,000 cans of soup. Visit <http://www.chunky.com/ClickForCansLanding.aspx> and vote for the Pittsburgh Steelers EVERY DAY!!

Holiday Mail for Heroes is back. Today over 1.4 million men and women serve in the U.S. armed forces and over 24 million veterans have served in the past. The holiday season is the perfect time to honor and extend a warm holiday greeting to those who've served and continue to do so. Help our service men and women by sending them a holiday card. Holiday cards will be collected through a unique P.O. Box address from November 2nd through December 7th. For more project details go to www.redcross.org/holidaymail

Operation ShoeBox was founded in an effort to send support, snacks and much needed personal care items to our troops deployed overseas. **Support our troops by sending a care package.** For more information visit <http://www.operationshoobox.com/> go to the supporter information tab and suggested item list.

Collect Holiday toys for children and donate to various agencies (Salvation Army, Toys for Tots or Ronald McDonald House) <http://www.charityguide.org/volunteer/fifteen/donate-toys.htm>

Recycle Service Projects



Ronald McDonald House Pop Tab Program

The Pittsburgh Ronald McDonald House (RMH) provides a "home away from home" for the families of seriously ill children who must travel to Pittsburgh for much-needed medical care. Volunteers are collecting and donating pop tabs to the House. The money generated from the collected tabs pays the electric and heating expenses. Drop off your tabs at the Student Volunteer Outreach at 911 WPU. If your group or organization needs a collection bottle, contact the SVO at 412 624-1065 or svo@pitt.edu.

Eyeglass Collection

Give the Gift Of Sight **The Student Volunteer Outreach is collecting your old eyeglasses.** Drop off your used eyeglasses at the SVO office (911 WPU). Donated eyeglasses will be cleaned, repaired, classified by prescription then hand-delivered to people in need in local communities and around the world by LenCrafters and Lions club volunteers.

Cell Phone Collection

The Student Volunteer Outreach is collecting your old cell phones for the Verizon Hopeline program. Why not help others in need by recycling your old cell phones. Drop off your wireless phones that are no longer being used at the SVO office (911 WPU). Donated phones will be refurbished by Verizon. The Hopeline phone recycling program uses wireless services and equipment to assist victims in emergency domestic violence situations.

Service Projects

WOED Multimedia

Volunteers are needed to answer phones during a pledge drive on November 14th, 16th, 17th, 18th, 19th, 20th, 21st, 22nd, 23rd and 24th. For times and more information contact Peter Riesbeck at volunteers@wqed.org or 412 622-1506 or sign up on their web site at www.wqed.org/about/volunteerscalendar.php

Squirrel Hill Meals on Wheels

Meals on Wheels is a nonprofit organization that prepares and distributes meals to the elderly and homebound individuals. Volunteers are needed to assist with meal preparation from 7:30 am to 8:45 am on Monday, Wednesday and Friday. Volunteers are also needed for food distribution from 8:45 am to 10:30 am on Monday, Wednesday and Friday. For more information contact Linda Harinstein at 412 521-6178 or lhrn123@hotmail.com.

East End Cooperative Ministry Tutors

Volunteers are needed at the East End Cooperative Ministry in East Liberty Tuesday and Thursday from 3:00 pm to 5:00 pm or 3:30 pm to 7:30 pm for one hour tutoring sessions. For more information contact Tracy Hudson at tracyh@eecom.org or 412-361-5549 x 403.



Service Projects

Greater Pittsburgh Food Bank

Volunteers are needed each month on the "Fourth Thursday" to assist with a mass food distribution in local neighborhoods. Volunteers are needed on Thursday November 19th at 4:30 pm. A free shuttle bus will depart campus at 3:30 pm and return at 8:30 pm. For more information contact Steve Zupcic at stz@pitt.edu or 412 624-7709. To register to volunteer go to www.commrel.pitt.edu/CRO-volunteerpoolform.html

UPMC Senior Communities

Volunteers are needed to assist senior residents with outings and errands, visiting residents, escorting residents and assisting with activities. Facilities are located throughout Pittsburgh and Allegheny County. Schedule and times vary. You make your schedule. For more information contact Kelly Covone-Henning at 412-784-5088 or covonehenningk@upmc.edu.

Job Links School to Career Program

Volunteers are needed to provide homework assistance and tutoring to high school youth in Algebra, English, French and Spanish at 3401 Terrace Street weekdays from 3:00 pm to 6:00 pm. For more information contact Karla Stallworth at kstallworth1@hotmail.com or 412 682-1144.

Hillman Cancer Center

Greeters are needed to assist and direct patients walking from UPMC Shadyside hospital to the Hillman Cancer Center via the pedestrian bridge. Flexible hours. For more information contact Zuleikha Bjork at 412 623-4634 or bjorkzj@upmc.edu.

Animal Rescue League of Western PA

Get the cats out of the cage and into your arms! Socialize cats and kittens so they are comfortable being handled. Do basic grooming like brushing and nail clipping. Help keep their cages tidy. A short orientation required. Located in East Liberty. Flexible schedule. For more information contact Monica Garcia at 412 661-6452 ext 235 or mgarcia@animalrescue.org.

Mercy Children's Medical Center

Volunteers are needed to read to children in pediatric clinic waiting rooms. Other opportunities may include organizing a used book drive, sorting books and creating literacy-themed activities for children. Volunteers are needed during clinic hours weekdays from 8:00 am to 4:00 pm. The clinic is accessible by the PAT bus. For more information contact Debbie Balcik at 412-232-5783.

East End Cooperative Ministry Meals on Wheels

Volunteers are needed to deliver meals to homebound/elderly clients in Pittsburgh's East End neighborhoods. Monday through Friday from 10:00 am to 12:30 pm. Volunteers are needed to assist staff with the preparation and packaging of meals. Monday through Friday from 8:00 am to 10:30 pm. For more information contact Tracy Hudson at tracyh@eecom.org or 412-361-5549 x 403.

Toy Lending Library

Volunteers are needed on the first Saturday of each month at the Toy Lending Library from 9:30 am to 11:30 am to clean the toys. For more information contact Laura McCarthy at 412 421-0422.



Service Projects

Keep It Clean, Oakland (KICO)

Group or individual volunteers are needed to participate in the Adopt-A-Block on Saturday, November 7th from 10:00 am to 1:00 pm. Groups must pre-register with OPDC by officially adopting a street, lot or playground in the Oakland area. For more information or to register contact Kelly at 412 621-7863 x 13 or kellyw@opdc.org.

KICO Tree Planting

Volunteers will be planting trees in the traffic islands along Parkview Avenue on Saturday, November 14th from 9:00 am to 1:00 pm. OPDC received these trees through the Western PA Conservancy's Tree Vitalize program. Tree Vitalize coordinators will give a brief demonstration on the proper way to plant a tree. We will then continue to plant a total of 17 trees throughout the morning. OPDC will provide breakfast, snacks, lunch and water for the volunteers. For more information or to register contact Kelly at 412 621-7863 x 13 or kellyw@opdc.org.

KICO Litter Pickup

On Saturday, November 21st at 10:00 am, volunteers will perform a general litter pickup of Central/South Oakland by picking up litter and debris on area streets, sidewalks and curb cuts. In addition, volunteers will be responsible for taking down flyers posted on utility poles. Lunch will be provided. For more information or to register contact Kelly at 412 621-7863 x 13 or kellyw@opdc.org.

American Red Cross

Volunteers are needed to provide office support, presentations, community outreach, special events or serving in the front line of a disaster. For more information contact Renee Willow at willowr@usa.redcross.org or 412 263-3136.

Rainbow Kitchen Community Service

Volunteers are needed to pack bags or stock shelves for the pantry program in Homestead. For more information contact Sarah Russell at sarah.russell@rainbowkitchen.org or 412 464-1892.

Holy Family Institute

Volunteers are needed for homework helpers, resident escort or life skill mentors at 8235 Ohio River Blvd. on weekdays or weekends. For more information contact Lynn Guerra at Guerra.lynn@hfi-pgh.org or 412 766-9020 x 304.

Sivitz Jewish Hospice

Volunteers are needed to visit patients and their families. Times and dates can vary. For more information contact Barbara Milch at bmilch@jaapgh.org or 412 422-5700.

Carnegie Library of Pittsburgh Distribution Center

Volunteers are needed to sort library books for delivery Monday through Friday from 9:00 am to 3:00 pm at the Central Distribution Center in the West End. For more information contact Karen Meharr at volunteers@carnegielibrary.org or 412 622-1015.



Service Projects

East End Cooperative Ministry Food Pantry

Volunteers are needed in East Liberty to assist staff with sorting of donated food for the food pantry on Monday through Friday from 9:00 am to 11:00 am. Volunteers are needed Monday through Friday from 10:00 am to 11:15 am and 1:15 pm to 3:00 pm for Food Pantry Desk Attendant (greet and assist clients with paperwork) and Interviewers (update information on existing clients). For more information contact Tracy Hudson at tracyh@eecm.org or 412-361-5549 x 403.

East End Cooperative Ministry Men's Shelter

A group of volunteers are needed to prepare and serve the evening meal for approximately 35-40 men in the Emergency Shelter. Volunteers are needed 7 days a week from 7:00 pm to 9:00 pm. For more information contact Tracy Hudson at tracyh@eecm.org or 412-361-5549 x 403.

Habitat for Humanity

Individual or group volunteers are needed in the Pittsburgh area for all phases of construction of a habitat home. For more information contact Derek Morris at dmorris@pittsburghhabitat.org or 412 466-6710 x14.

Family Hospice and Palliative Care

Volunteers are needed to provide companionship to patients. Dates and times may vary. For more information contact Pam Tomczak at pdebo-tomczak@familyhospice.com or 412 572-8803.

East End Cooperative Ministry Soup Kitchen

Volunteers are needed to assist staff in the preparation, serving and clean up of noonday meals. Volunteers are needed Monday through Friday from 9:00 am to 12:45 pm. For more information contact Tracy Hudson at tracyh@eecm.org or 412-361-5549 x 403.

Cedars Community Hospice

Volunteers are needed to sit with hospice patients, read, play games and just be a friend. The hospice is located in Monroeville. The times and dates vary. For more information contact Eric Fithyan at efithyan@cedarscommunityhospice.com or 412 861-3563.

Global Links

Global Links, located in the Bloomfield/Garfield area, recovers, repackages and sends much-needed medical supplies to hospitals that serve the poor in underdeveloped countries. Volunteers are needed to assist in the repackaging of supplies. For more information contact Jennifer Novelli at 412 361-3424 ext. 205 glvolunteer@globallinks.org.

St. Jude Children's Research Hospital

Volunteers are needed to write donation letters to family and friends to raise money for the hospital. For more information contact Sheri Greenberg at slg39@pitt.edu.



Looking for more volunteer opportunities? Choose from these Community Partners of the Student Volunteer Outreach.

A+ Schools	www.aplusschools.org
Allegheny County Human Services	www.alleghenycounty.us/dhs/volunteer.aspx
American Red Cross	www.swpa.redcross.org
Auberle	www.auberle.org
Bear Programs	www.bearprograms.com
Best Buddies	www.bestbuddiespennsylvania.org
Bethlehem Haven	www.bethlehemhaven.org
Brashear Association	www.brashearassociation.org
Children's Hospital	www.chp.edu/CHP/Volunteer+Services
Easter Seals Western PA	www.westernpa.easterseals.com
Epilepsy Foundation	www.efwp.org
Family Hospice	www.familyhospice.com
Family House	www.familyhouse.org
Family Resources	www.familyresourcesofpa.org
Family Services WPA	www.iveswpa.org
Global Links	www.globallinks.org
Habitat For Humanity	www.pittsburghhabitat.org
Harmony Hospice	www.harmonyhospice.com
Hearth	www.hearth-bp.org
Humane Society	www.wpahumane.org
Jewish Association on Aging	http://jaapgh.org
Junior Achievement SW PA	www.jawesternpa.org
Just Harvest	www.justharvest.org
Kane Regional Glen Hazel	www.Kanecare.com
Lupus Foundation	www.lupuspa.org
Mattress Factory Museum	www.mattress.org
Mentoring Partnership	www.mentoringpittsburgh.org
Myasthenia Gravis Association	www.mgawpa.org
Oakland Planning Development	www.oaklandplanning.org
Parental Stress Family Center	www.pscfamily.net
Pennsylvania Women Work!	www.pawomenwork.org
Pittsburgh Downtown Partnership	www.DowntownPittsburgh.com
Pittsburgh Project	www.pittsburghproject.org
Storehouse for Teachers	www.storehouseforteachers.org
UPMC Cancer Centers	www.upmccancercenters.com/volunteer
UPMC Presby-Montefiore	ranallocm@upmc.edu